**Why fundraise for the Breath of Life Walk?**

Whether you are a walker or a donor, your fundraising will allow us to:

- Offer education and support to local residents who are suffering from emphysema, COPD, and lung cancer
- Advocate for strong tobacco control policies
- Keep youth from becoming addicted to vaping/tobacco
- Assist adult smokers who want to quit
- Provide sleep apnea patients with low cost breathing equipment and supplies
- Teach kids with asthma how to manage their condition, train their care givers, and promote asthma-friendly environments
- Improve local air quality to ensure that all Bay Area residents can breathe easier

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**Saturday, September 23, 2023**

**Breath of Life Walk**

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**PLUS Breath of Life Walkers can fundraise to support our work and earn great incentive gifts**:  

- $50 ........ Water bottle or Pedometer  
- $100 ...... Folding umbrella  
- $200 ...... Ball cap  
- $300 ...... Canvas zippered satchel  
- $500 ...... Polo shirt or Sweatshirt  
- $750 ...... $50 Gift card  
- $1,000 ... $75 Gift Card  

Please note that (a) incentive gifts are not cumulative, and (b) only donations turned in by Friday, October 6, 2023 will apply to qualification for incentive prizes.

**AND have a chance to win prizes in our Breath of Life Walk Raffle:**  
including clothing, gear, gift cards and merchandise!*

*Prizes and incentive gifts listed are from previous events. Actual prizes for this year have yet to be determined.

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Learn more at [www.BreathofLifeWalk.org](http://www.BreathofLifeWalk.org)